

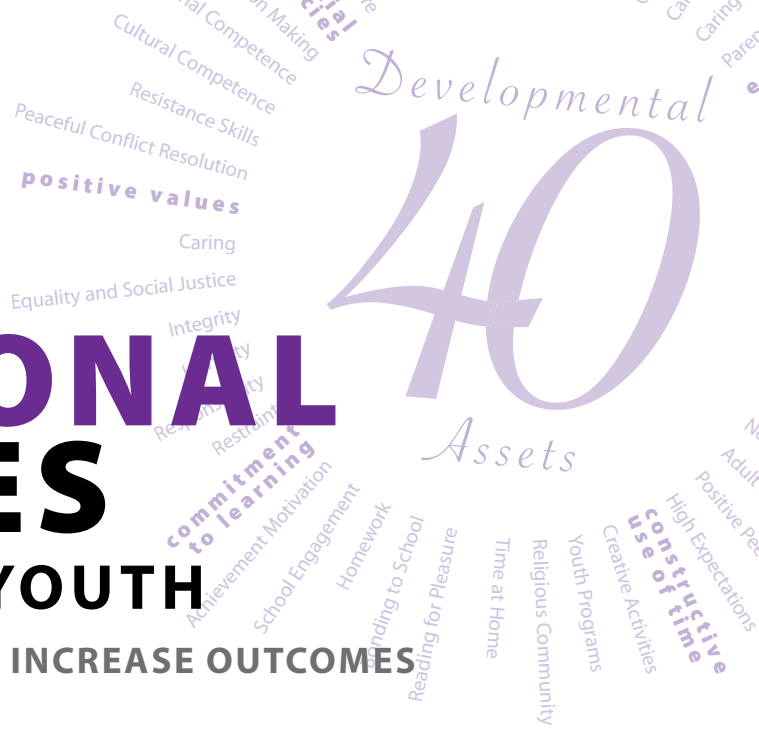


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MOTIVATIONAL STRATEGIES

WITH CHALLENGING YOUTH

AN ASSET-BASED PRACTICE SERIES TO INCREASE OUTCOMES



Part 2: Motivational Interviewing & Change Talk: Increasing Importance, Confidence & Readiness to Change

This workshop is designed as a continuation of the Asset-Based Practice Series for anyone who works with challenging youth and their families. As a result of this training, participants will:

- Explore the role of ambivalence in keeping youth “stuck” in behavior patterns and how to influence this dynamic toward change;
- Learn to recognize “change talk” and how to respond to summon even more of it from challenging youth and families;
- Learn to employ strategies that will raise both **the importance of change** and the **confidence to change**;
- Explore key questions which move a youth to begin “commitment to change talk”;
- Demonstrate proficient use of the continuum of Motivational Interviewing practice through skill-building exercises;
- Explore the interplay between these principles and the Developmental Asset® framework; and
- Examine video examples of real-life interchanges utilizing the techniques they’ll learn in this interactive session.

Presenter: This workshop series is offered by Michael D. Clark, MSW, LMSW, a member of the International Motivational Interviewing Network of Trainers (MINT), specializing in direct practice work with challenging youth populations. Mr. Clark is author to over 30 book chapters, articles and monographs for motivational issues for work with challenging youth and their families.

Pre-requisite: Successful completion of Part 1 of the Motivational Strategies for Challenging Youth series: *Human Motivation, Assets, and Positive Behavior Change*.

Who Should Attend: This is the second part of a three-part training series. As such, this workshop is open to anyone who has completed the first training session “*Human Motivation, Assets, and Positive Behavior Change*.”

Length: Two 7 1/2 hour days (includes lunch and breaks)

Group Size: 28 maximum

Price: 5,400.00 per session plus trainer travel expenses.

Materials: Workshop packet “Change Talk: Increasing Importance, Confidence, and Readiness to Change.” This packet (duplicated locally for each participant) and electronic copies of the “Behavior Change Conditions” and the “Assets and Strength-based Implementation Guide.”

For more information on bringing this training to your community, complete a **Training Questionnaire** at www.search-institute.org/training or call **800-294-4322**