

Equipping Adult Leaders and Volunteers to Build Assets

Most congregations rely on volunteers to provide quality activities, programs, and relationships. Efforts to integrate an asset-building focus will be most effective when volunteers are trained and skilled in building positive relationships with

young people and providing leadership that is consistent with asset building. This chart suggests the kinds of skills that adult volunteers need to develop in order to be effective in nurturing each category of assets.

To provide...	Adult leaders and volunteers need to know how to...
Support	<ul style="list-style-type: none"> • Greet a young person and start a conversation. • Listen to a young person.
Empowerment	<ul style="list-style-type: none"> • Invite a young person to use her or his gifts and talents. • Praise effectively.
Boundaries and Expectations	<ul style="list-style-type: none"> • Communicate expectations clearly. • Set goals with youth and celebrate their accomplishment. • Discipline in a way that teaches. • Set limits with youth.
Constructive Use of Time	<ul style="list-style-type: none"> • Help a young person schedule her or his time. • Express interest in the activities of a young person. • Encourage a young person to try a new activity.
Commitment to Learning	<ul style="list-style-type: none"> • Connect topics in classes or meetings to young people's lives and interests. • Integrate physical activity into educational sessions. • Develop activities for different learning styles. • Model a positive attitude toward and interest in school and learning.
Positive Values	<ul style="list-style-type: none"> • Model and articulate their own values. • Teach problem-solving skills.
Social Competencies	<ul style="list-style-type: none"> • Integrate skill building into activities. • Model and teach social skills to youth (listening, asking for help, negotiating, controlling anger).
Positive Identity	<ul style="list-style-type: none"> • Give a compliment. • Speak of their own faith and hope. • Help a young person identify her or his gifts and abilities.