

## Handout 14: Assessing Youth Activities through an Asset-Building Lens

In order to continually increase the asset-building strength of your youth activities, take time to debrief or reflect on youth activities in your church using the eight categories of Developmental Assets™. Complete this worksheet after an activity, then refer to it the next time you plan a similar activity.

Name of program or group: \_\_\_\_\_

Description of activity: \_\_\_\_\_

Date: \_\_\_\_\_ Number of participants: \_\_\_\_\_

Activity leader and phone number: \_\_\_\_\_

Asset category	Ways the activity built these assets	Other ways it could have built these assets
<b>Support:</b> How did the activity reinforce caring relationships? How well did it create a warm climate in which all youth felt welcomed and accepted? How much fun did they have doing this activity?		
<b>Empowerment:</b> In what ways did the activity empower youth to serve and lead? How well did it provide physical and emotional safety?		
<b>Boundaries and Expectations:</b> How were expectations decided upon and communicated? How did the activity support appropriate boundaries for behavior? How well did it challenge youth to be their best?		
<b>Constructive Use of Time:</b> How well did the activity use young people's time for enrichment and growth?		
<b>Commitment to Learning:</b> In what ways did the activity reinforce curiosity, learning, and discovery?		
<b>Positive Values:</b> In what ways did the activity teach about and reinforce positive values?		
<b>Social Competencies:</b> How well did the activity build young people's skills for relationships and for daily living? Did they have a good time?		
<b>Positive Identity:</b> How well did the activity nurture in youth a sense of purpose, value, and possibility?		

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