

DEVELOPMENTAL ASSETS PROFILE

(DAP) Sample Page

Self-Report for Ages 11-18

NAME / ID: \_\_\_\_\_ TODAY'S DATE: Mo: \_\_\_\_\_ Day: \_\_\_\_\_ Yr: \_\_\_\_\_

SEX:  Male  Female AGE: \_\_\_\_\_ GRADE: \_\_\_\_\_ BIRTH DATE: Mo: \_\_\_\_\_ Day: \_\_\_\_\_ Yr: \_\_\_\_\_

RACE/ETHNICITY (Check all that apply):  American Indian or Alaska Native  Asian
 Black or African American  Hispanic or Latino/Latina  Native Hawaiian or Other Pacific Islander
 White  Other (please specify): \_\_\_\_\_

INSTRUCTIONS: Below is a list of positive things that you might have in yourself, your family, friends, neighborhood, school, and community. For each item that describes you now or within the past 3 months, check if the item is true:

Not At All or Rarely Somewhat or Sometimes Very or Often Extremely or Almost Always

If you do not want to answer an item, leave it blank. But please try to answer all items as best you can.

Not At All or Rarely Somewhat or Sometimes Very or Often Extremely or Almost Always

I . . .

- 1. Stand up for what I believe in.
2. Feel in control of my life and future.
3. Feel good about myself.
4. Avoid things that are dangerous or unhealthy.
5. Enjoy reading or being read to.
6. Build friendships with other people.
7. Care about school.
8. Do my homework.
9. Stay away from tobacco, alcohol, and other drugs.
10. Enjoy learning.
11. Express my feelings in proper ways.
12. Feel good about my future.
13. Seek advice from my parents.
14. Deal with frustration in positive ways.
15. Overcome challenges in positive ways.
16. Think it is important to help other people.
17. Feel safe and secure at home.
18. Plan ahead and make good choices.
19. Resist bad influences.
20. Resolve conflicts without anyone getting hurt.
21. Feel valued and appreciated by others.
22. Take responsibility for what I do.
23. Tell the truth even when it is not easy.
24. Accept people who are different from me.
25. Feel safe at school.

SAMPLE

PLEASE TURN OVER AND COMPLETE THE BACK.