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## MORE QUOTE OF THE WEEK EXAMPLES

**“The content of your character is your choice. Day by day, what you do is who you become. Your integrity is your destiny—it is the light that guides your way.”** —Heraclitus

**“Commitment is the stuff character is made of; the power to change the face of things. It is the daily triumph of integrity over skepticism.”**

[this is commonly attributed to Abraham Lincoln or Shearson Lehman (American Express) or anonymous]

**“Men of integrity, by their very existence, rekindle the belief that as a people we can live above the level of moral squalor. We need that belief; a cynical community is a corrupt community.”**

—John W. Gardner

**“When will the state of the country be sound? . . . When its people believe that the end result of cowardice is more disastrous than that of behaving with integrity.”** —Naguib Mahfouz

**“The qualities of a great man are vision, integrity, courage, understanding, the power of articulation, and profundity of character.”** —Dwight D. Eisenhower

**“Honesty has a beautiful and refreshing simplicity about it. No ulterior motives. No hidden meanings. An absence of hypocrisy, duplicity, political games, and verbal superficiality. As honesty and real integrity characterize our lives, there will be no need to manipulate others.”** —Charles Swindoll

**“There is but one rule of conduct for a man to do the right thing. The cost may be dear in money, in friends, in influence, in labor, in a prolonged and painful sacrifice, but the cost not to do right is far more dear: You pay in the integrity of your manhood, in your honor, in strength of character; and, for a timely gain, you barter the infinite.”** —Archer G. Jones

**“It is not what we eat but what we digest that makes us strong; not what we gain but what we save that makes us rich; not what we read but what we remember that makes us learned; and not what we profess but what we practice that gives us integrity.”** —Francis Bacon

**“Integrity has no need of rules.”** —Albert Camus

**“Integrity is not a conditional word. It doesn’t blow in the wind or change with the weather. It is your inner image of yourself, and if you look in there and see a man who won’t cheat, then you know he never will.”** —John D. MacDonald, *The Turquoise Lament*

**“Hence, the supreme quality for a leader is unquestionably integrity. Without it, no real success is possible . . . The first great need, therefore, is integrity and high purpose.”** —Dwight D. Eisenhower

**“Have the courage to say no. Have the courage to face the truth. Do the right thing because it is right. These are the magic keys to living your life with integrity.”** —W. Clement Stone

**“There can be no friendship without confidence; and no confidence, without integrity.”** —Samuel Johnson

**“It is easier to cope with a bad conscience than with a bad reputation.”** —Friedrich Nietzsche

**“Integrity is telling myself the truth. And honesty is telling the truth to other people.”** —Spencer Johnson

**“Integrity is the essence of everything successful.”** —Richard Buckminster Fuller

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**“No man can purchase his virtue too dear, for it is the only thing whose value must ever increase with the price it has cost us. Our integrity is never worth so much as when we have parted with our all to keep it.”** —Ovid

**“I am for integrity, if only because life is very short and truth is hard to come by.”** —Unknown

**“The man who cannot endure to have his errors and shortcomings brought to the surface and made known, but tries to hide them, is unfit to walk the highway of truth.”** —James Allen

**“Integrity can be neither lost nor concealed nor faked nor quenched nor artificially come by nor outlived, nor, I believe, in the long run, denied.”**

—Eudora Welty

**“If everyone were clothed with integrity, if every heart were just, frank, kindly, the other virtues would be well-nigh useless, since their chief purpose is to make us bear with patience the injustice of our fellows.”** —Molière

**“Integrity of life is fame’s best friend, which nobly, beyond death, shall crown in the end.”** —John Webster

**“No one will question your integrity if your integrity is not questionable.”** —Nathaniel Bronner, Jr.

**“Character is doing the right thing when nobody’s looking. There are too many people who think that the only thing that’s right is to get by, and the only thing that’s wrong is to get caught.”** —J. C. Watts

**“The measure of a man’s real character is what he would do if he knew he never would be found out.”**

—Thomas Babington Macaulay

**“It takes less time to do a thing right than to explain why you did it wrong.”** —Henry Wadsworth Longfellow

**“There are seven things that will destroy us: Wealth without work; Pleasure without conscience; Knowledge without character; Religion without sacrifice; Politics without principle; Science without humanity; Business without ethics.”** —Mahatma Gandhi

**“Strive for integrity—that means knowing your values in life and behaving in a way that is consistent with these values.”** —Unknown

**“Real integrity is doing the right thing, knowing that nobody’s going to know whether you did it or not.”**

—Oprah Winfrey

**“Set your expectations high; find men and women whose integrity and values you respect; get their agreement on a course of action; and give them your ultimate trust.”** —John Akers