

# Change of Heart

## Creating a More Caring School Climate

This workshop brings the opportunity to encourage students and staff to individually contribute to a more caring school climate. It is designed to help participants accomplish initiatives that will improve the health of young people. The workshop will focus on empowering the youth to promote a more supportive school community, building strong, more caring relationships between and among everyone in the school, and intentionally building Developmental Assets®.

### Key content:

- How to take steps to initiate or nurture positive relationships.
- How to intercede when someone is saying or doing something mean to another person.
- How to use personal power to make a difference.

*“It was a great experience and I enjoyed it and felt really welcomed from when I arrived until the time I left!”*

—Workshop Participant

Add the Training of Trainers (TOT) component to build your capacity to deliver this workshop to more students in your school

Length: 1½ days – the workshop days with students is followed by a half-day workshop for staff being trained as trainers

Minimum Group Size: 6

### Who should attend:

- Student leaders
- School staff

Length: One day

### Materials:

- *The Best of Building Assets Together*
- *Get Things Going*
- *Pass It On! at School*
- *Me@My Best*

